


## COURSE OUTLINE

<b>Course</b>	<b>Printing in Nature</b> Start or rediscover your connections with printmaking in this introduction to techniques and approaches inspired by nature.
<b>Tutor/artist:</b>	<b>Sarah Strachan</b> Sarah is a multidisciplinary artist who explores her ideas through conversations with people, place, the land and the materials and objects associated with these.
<b>Type of course:</b>	<b>Face to Face</b> St Martin's Church Hall, 127 Suez Road, Cambridge, CB1 3QD.
<b>Duration &amp; dates:</b>	<b>8 weeks</b> 13 May – 8 July 2024 No session on 27 May 2024 - Half Term
<b>Who is the course for?</b>	 This course is suitable for <b>beginners</b> or those new to the art form.
<b>Tech requirements:</b>	Optional use of virtual classroom. Google Classroom – your Virtual classroom where course resources will be posted to use outside of the sessions.
<b>Timetable &amp; expectations:</b>	<b>Mondays 1.30pm - 4.30pm</b> All work to be completed within live class time although preparation and practice at home is always encouraged! This course can involve spending time outside, but this can be adapted to meet mobility needs.
<b>Essential Materials:</b>	Materials are provided by CCA. Learners are welcome to bring along things that inspire their conversations with nature and any materials to use in their creative responses.

## AIMS & OBJECTIVES

### Course aim:

You will learn techniques to tune into nature and explore conversations with the world around you and interpret these experiences into your creative responses. The course introduces you to a range of printmaking techniques in the context of nature, and the artists working with them. Techniques will include frottage, cyanotype, monotype/mono-printing, relief printing, kitchen lithography and collagraph. There will be the opportunity to work with a range of foraged materials for printmaking and learn less toxic and sustainable methods of creative expression and production. You'll make work indoors and outdoors using natural resources such as the sun, and water. By the end of the course, you will be able to reflect on a range of printmaking practices and the value of responding creatively to our everyday encounters with the natural world. You will create connections through working in nature, with natural materials, and other people.

### Learning Objectives: To successfully complete the course, you will:

1. Attend a minimum of 6 sessions.
2. Reflect on your own learning.
3. Contribute to group discussions.
4. Experiment with different methods of perceiving and conversing with "nature" for example the practices of walking or moving, deep mapping and deep listening.
5. Use different approaches to record and document everyday experiences in nature.
6. Experiment with a range of printmaking techniques inspired by nature in the context of historical and contemporary artists.
7. Create artworks indoors and outdoors using at least three of the four basic categories of printmaking: relief, intaglio, Planographic and stencil techniques (including frottage, cyanotype, monotype/monoprinting, relief printing (lino), kitchen lithography and collagraphy).
8. Discover the value of responding creatively to everyday encounters with the natural world and reflect on the role of printmaking in this process.
9. Give a personal response describing the value of responding creatively to your everyday encounters with the natural world and alternative and/or more sustainable approaches to creative expression and production.



### *Improving Mental Health with Creativity*

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